

## Don Bosco Sports Required Health Forms

The following must be done by all athletes BEFORE they try out for a winter sport.

1. A current physical must be on file. WITHIN 365 DAYS. (if a parent needs to know when a physical expires you can email me directly at [mszorc@donboscoprep.org](mailto:mszorc@donboscoprep.org) and I can let you know) Please follow Magnus directions for physical submissions.

required for:

- Basketball
- Bowling
- Fencing
- Ice Hockey
- Swimming
- Winter Track
- Wrestling

This includes the completion of the **CARDIAC ASSESSMENT** portion of the physical (PAGE 4). If that is not signed by the doctor, it will not be accepted. All out of state residents MUST have this properly filled out

2. On-line sports packet - MUST BE DONE FOR EVERY SEASON; found under the link below Please make sure you select the sport you will participate in)

(link also includes the proper physical paperwork)

<http://donboscoprep.powermediallc.org/sports-participation-packet/>  
(copy and paste into a new window)

3. Baseline concussion test. IMPACT.

**COPY AND PASTE LINK BELOW**

**<https://www.impacttestonline.com/testing/>**

**ENTER TEAM CODE AND BEGIN TEST**

**team code - 27c6a18e1e**

Required sports for Impact test are listed below. If you took the test for a fall sport you do not have to retake it.

- Basketball
- Ice Hockey
- Wrestling

**DEAD LINE FOR ONLINE PACKET SUBMISSIONS IS NOVEMBER 8TH.**

**I WILL ACCEPT PHYSICALS ON 11/17 (FIRST DAY OF TRYOUTS FOR ALL WINTER SPORTS EXCEPT ICE HOCKEY)**

**IEC HOCKEY TRYOUTS ARE 11/5 AND 11/7**

**Follow link below for more info  
<http://www.donboscohockey.com/>**

**PLEASE DO NOT WAIT UNTIL THE LAST MINUTE TO COMPLETE THE REQUIREMENTS AS IT COULD CAUSE YOUR SON TO MISS IMPORTANT TRYOUT DAYS!**

**If you have questions about this process please email me directly.**